

BACKGROUND INFORMATION

Home-Start offers support, friendship and practical help to parents with young children, in local communities *throughout the UK and with British Forces in Germany and Cyprus.*

Home-Start offers a unique service, recruiting and training volunteers – who are usually parents themselves – to visit families at home who have at least one child under 5 to offer informal, friendly and confidential support.

Support is given to parents during their children's formative years to give them a good start in life. It has been proven that these first formative years are essential for the child's welfare and future development.

To help give children the best possible start in life, Home-Start supports parents as they grow in confidence, strengthen their relationships with their children and widen their links with the local community.

The main focus of Home-Start is to offer volunteer support to families in their own homes. By doing so Home-Start respects each family's dignity and identity and can respond to individual needs, working together to build confidence, strengthen relationships and have fun for the ultimate benefit of the children.

Home-Start Volunteers, who are usually parents themselves or have had parenting experience, choose to share their time, friendship, parenting skills and experience because they understand the demands and stresses of a young family. All volunteers are carefully selected, prepared and supported for their work with families.

Home-Start NEA is one of 32 schemes in Scotland and was founded in Fraserburgh in 1995. We extended our service into Peterhead in January of 1999 and have successfully been providing support to families in the local communities for 16 years.



WHO'S WHO

Chairperson	Flora Todd	
Vice Chairperson	Vacant	
Treasurer	Elaine Ritchie	
Trustee Members	Marjorie Griffiths Vicki Lamont	
Volunteer Member	Audrey Henderson	
Advisers	Alasdair MacRae Val Oddie Maureen Strachan Ann Ingram	Home-Start Consultant Sure Start Social Worker Peterhead Family Centre Manager Health Visitor
Staff	Helen Miles Lorna Barenburg Alison Bisset	Co-ordinator (April 2010 – October 2010) Co-ordinator (commenced December 2010) Admin Assistant

